

Pre Procedure Instructions for Dermal Fillers (Radiesse, Juvederm, Restylane, Belotero)

1. Do not consume alcohol for twenty-four (24) hours before your procedure.
2. For ONE WEEK before your procedure, do not use aspirin, Non-Steroidal Anti-Inflammatory (Advil, Aleve, Motrin, etc.), Ginkgo Biloba, garlic, flax oil, cod liver oil, Vitamin A, Vitamin E and any other essential fatty acids.
3. Eat before your procedure.
4. Avoid Chemical Peels and Laser 1-2 weeks prior to Dermal Filler treatment